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**Schedule: UK Bodysurfing Championships 2019**

**Saturday 7th September**

* 0800-0830 Set up tents and locate flags
* 0830 – Bodysurfers Check in
* 0900 – Heat 1 Open (20 mins)
* 0920 – Heat 2 Open (20 mins)
* 0940 – Heat 3 Open (20 mins)
* 1000 – Heat 4 Open (20 mins)
* 1020 – Heat 1 Handboard (20 mins)
* 1040 – Heat 2 Handboard (20 mins)
* 1100 – Heat 3 Handboard (20 mins)
* 1120 – Heat 4 Handboard (20 mins) - HT 1210
* 1140 – Semi-Final 1 Open (20 mins)
* 1200 – Semi-Final 2 Open (20 mins)
* 1220 – Semi-Final 1 Handboard (20 mins)
* 1240 – Semi-Final 2 Handboard (20 mins)
* 1330 – Ladies Open Final (20 mins)
* 1400 – Men’s Open Final (20 mins)
* 1430 – Men’s Handboard Final (20 mins)
* 1500 – Initial Prize Giving for 1st, 2nd, 3rd and 4th places – all events (on balcony)
* 1600-1800 - Chill Out in **Fistral Beach Bar** (including all main prize giving)

UK Bodysurfing Championships C.I.C./UK Bodysurfing Association C.I.C.

5B College Road, Newton Abbot, Devon TQ12 1EF

Tel :-M. 07816 385326

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[www.body-surfing.co.uk/uk-bodysurfing-championships-c-i-c](http://www.body-surfing.co.uk/uk-bodysurfing-championships-c-i-c)

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**Schedule: (back up day)**

**Sunday 8th September**

* 0800-0830 Set up tents and locate flags
* 0830 – Bodysurfers Check in
* 0900 – Heat 1 Open (20 mins)
* 0920 – Heat 2 Open (20 mins)
* 0940 – Heat 3 Open (20 mins)
* 1000 – Heat 4 Open (20 mins)
* 1020 – Heat 1 Handboard (20 mins)
* 1040 – Heat 2 Handboard (20 mins)
* 1100 – Heat 3 Handboard (20 mins)
* 1120 – Heat 4 Handboard (20 mins)
* 1140 – Semi-Final 1 Open (20 mins)
* 1200 – Semi-Final 2 Open (20 mins)
* 1220 – Semi-Final 1 Handboard (20 mins)
* 1240 – Semi-Final 2 Handboard (20 mins)
* 1330 – Ladies Open Final (20 mins) - HT 1337
* 1400 – Men’s Open Final (20 mins)
* 1430 – Men’s Handboard Final (20 mins)
* 1500 – Initial Prize Giving for 1st, 2nd, 3rd and 4th places – all events (on balcony)
* 1600-1800 All main prize giving (possibly in **Fistral Beach Bar**)

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